

NA FALL BALL 2015 WEEK #4 RECAP

ACCORDING TO FENNIS DEMBO

The curtains have closed on week # 4 of the 2015 Fall Ball Season. Weather was great, no humidity and just warm enough to have the Barn Door open. Vegas odds say we may still get one more week in with the baseline seating. Week four was a week of very few competitive games, a couple of scores that were closer than the game really was and a couple where the final score did not indicate the intensity of the game. Coaches row was once again standing room only and we also saw a max exodus Monday night as a caravan of coaches vehicles made the long and winding ride around the lake to the McDome to see Josh Bradanese and Keith Brown go head to head. Zebras were very good this week despite the increase of whining. Overall another great week of Fall Ball. So lets' recap!

NEW MISSION 75 NORTH ANDOVER 47. This game appears to be a blow out but the Knights did rally early in the second half to get the deficit to 10 with the ball before 4 straight turnovers got the lead back to 19. Titans now appear to be back to where they were at the start of the season. Charlie Mitchell 15, Isaiah Laurent 16 & Alonzo Cooper 10 paced the Titans. The inexperience on the Knights is showing the last two weeks. With only 2 players that played minutes last year, this is a work in progress. They are playing hard and they will be fine

ST PETER MARIAN 69 TRITON 39. The Guardians are young but varsity ready. They play hard and they play together. All 9 players in the scoring column and contributing in so many ways. Triton needs more from others. Sophomore Will Parsons with 26 of 39 points. The Vikings are coming along but need to play more together at Fall Ball and outside of Fall Ball

LAWRENCE 66 HAVERHILL 39. A close game early on but the Lancers are just relentless right now, playing fast, hard and together. Juan Felix Rodrigues, Benniami Rodrigues and Marcos Germossen with huge games. Haverhill had 8 players score led by Joey Fenderson's 11 but I did not see that overall relentless effort that I saw from them in weeks 1-3. Lawrence making a statement in fall ball right now

METHUEN 68 PEABODY 24. This one was over early as Methuen went out to a 40-7 half time lead. I have always loved how Methuen gets after it on the defensive end but tonight the pace and space Rangers were very good offensively. 8 Rangers were in the box score and loved how they were playing together. Peabody is struggling. Too much 1 on 1 playing, bad shot selection,

not getting back on defense and a team definitely not on the same page. I was impressed that as we shut the lights off, locked the building and headed to the car I saw “most” of the Tanners still locked in on a players’ only meeting in the courtyard. Tanners know things have to change

TEWKSBURY 61 LOWELL 58. This was a good one as both teams have talent and both teams can battle. Could make a case that Lowell should be 4-0 but too many brain cramps the last two weeks leave them at 2-2. Tewksbury was locked in. Nate Tenaglia 18 pts 7 rebounds 7 assists and Justin Derrah 16 points 5 rebounds 2 assists were huge for the Redmen. Sidi Diallo, Sean Bryan and Alex Rivera were equally good for Red Raiders. Only negative in this game was a stretch where guys tried to turn it into a 1 on 1 affair. Thankfully both teams realized that was not going to win you the game and we got back to real basketball

CENTRAL CATHOLIC 59 WACHUSETT 48. This is a game that the score did not accurately indicate the play. Raiders led from the gate to the wire but I have to give the Mountaineers credit they never stopped playing and the Raiders did have the deep bench in but you gotta finish the game better. Kevin Fernandez 15 and Ian Carmichael 11 pts 9 rebounds were very good for CC. Tyler Dion did not have his best game but battled all night even with a gimpy ankle scoring 21 for Wachusett

ST JOHNS PREP 58 WESTFORD 45. This is another game where the game was not as close as the score indicates. The Eagles are back and they knocked Westford from the unbeaten ranks. The lead was 23 at one point but The Grey Ghosts got it to 10 late in the game. Harry O’Neil with the overall game tonight. The eagles are listening to me, the offense must go through Harry. The Grey Ghosts did not have their best outing but this team is good

CHELMSFORD 49 LONDONDERRY 47. This was a good game between two evenly matched teams. Chelmsford starting to believe they belong in this league and are playing hard every possession Andy Linehan 14 points 7 rebounds was very good for the Lions and once again Jake Coleman carried the Lancers with 20 points

ANDOVER 63 SALEM 56. Over at the McDome the up and down Golden Warriors did enough to even their record at 2-2. Andover missing so many integral parts of this team but again a good opportunity for guys to step up. Ryan Oconnell was very good with 14 and 10 rebounds and the return of Big James Nyamwaya paid dividends with 9 points and 7 rebounds. Griffin Curtis led the Blue Devils with 16

BILLERICA 55 PELHAM 49 Also at the McDome we saw Pelham and Billerica do battle. Many coaches there to see Keith Brown and Josh Bradanese. Billerica plays a little better than the Pythons and has a bit more weapons resulting in an Indian win. Keith Brown 20 and Josh Bradanese 29 and 12 rebounds did not disappoint



WEEK 4 RESULTS

BILLERICA 55 (JOSH BRADANESE 29)

ANDOVER 63 (RYAN OCONNELL 14)

NEW MISSION 75 (ISAIAH LAURENT 16)

ST PETER MARIAN 69 (JUAN ZORILLA 17)

LAWRENCE 66 (JUAN FELIX RODRIGUES 18)

METHUEN 68 (KEEGAN LANNON 17)

TEWKSBURY 61 (NATE TENAGLIA 18)

CENTRAL CATHOLIC 59 (KEVIN FERNANDEZ 14)

ST JOHNS PREP 58 (SPENCER DANFORTH 14)

CHELMSFORD 49 (ANDREW LINEHAN 14)

PELHAM 49 (KEITH BROWN 20)

SALEM 56 (GRIFFIN CURTIS 16)

NO ANDOVER 47 (MATT ROSENTHAL 11)

TRITON 39 (WILL PARSONS 26)

HAVERTHILL 39 (JOEY FENDERSON 11)

PEABODY 24 (JUNIOR ESTRELLA 14)

LOWELL 58 (ALEX RIVERA 21)

WACHUSETT 48 (TYLER DION 21)

WESTFORD 45 (COFFEY & HARTMANN 16)

LONDONDERRY 47 (JAKE COLEMAN 20)

STANDINGS: HAVE BEEN UPDATED ON THE WEBSITE – PLEASE SEE

NEXT WEEKS GAMES: PLEASE REFER TO SCHEDULE ON WEBSITE WWW.NAFALLBALL.COM

TEAM OF THE WEEK. Nominees, New Mission, Methuen, Central Catholic, St Johns, St Peter Marian. As always I can make a case for anyone, but going with **METHUEN RANGERS** with a complete offensive and defensive onslaught. Nobody took a play off, everyone happy for their teammate, good to great shot opportunities and boy did they play hard. Congrats Methuen

GAME OF THE WEEK: Gotta keep it real! not a lot of options here. Couple of close games but not worthy of the **GAME OF THE WEEK**. As called by Salem State Head Coach Chris Harvey prior to week 4, the game of the week was **TEWKSBURY VS LOWELL**. Emotion, Intensity, Effort, yes whining too much but the two squads battled all night in what was a battle of runs. Don't think anyone wanted their money back after this one

DO YOUR JOB WINNER WEEK 3: The nominees are **JUSTIN DERRRAH, ANDREW LINEHAN, IAN CARMICHAEL, SIDI DIALLO, BOBBY LETOURNEAU & BENIAMMI RODRIGUES**. This was the toughest week to pick this one as the last two weeks there have been clear cut winners. This week the nod goes to **JUSTIN DERRAH of Tewksbury**. Having a great fall and just gets it done. This week 16 points 8 rebounds, always defends, pound for pound maybe the strongest player in the league. Simple math Tewksbury is not 4-0 without **JUSTIN DERRAH**

BABY FACES I DON'T THINK SO: For the second week in a row North Andover freshman **DARREN WATSON** was a player to watch. 10 points on 80% shooting and in your face defense. Top sophomores are not even really sophomores in my mind as they are proven varsity players. All three had good weeks **TANAHI PETTWAY (CC) ALEX RIVERA (L) AND JUAN FELIX RODRIGUES (La)**

PLAYER OF THE WEEK. Some good nominees here: **JOSH BRADANESE, KEITH BROWN, HARRY ONEIL, RYAN OCONNEL, WILL PARSONS, ISAIAH LAURENT, ALEX RIVERA, NATE TENAGLIA, JUSTIN DERRAH, KEEGAN LANNON, JUAN FELIX RODRIGUES, IAN CARMICHAEL, JUAN ZORILLA** but the winner was **HARRY ONEIL OF SJP**. The numbers are modest 8 points, 8 rebounds, 5 assists, 3 blocks but it was the other things he did, floor general on defense, must have had 5 hockey assists, communicated and when the ball went through him the eagles were productive Swarthmore College (PA) and Middlebury College (VT) travelled a long way and they were not disappointed at all. Congrats **HARRY ONEIL**

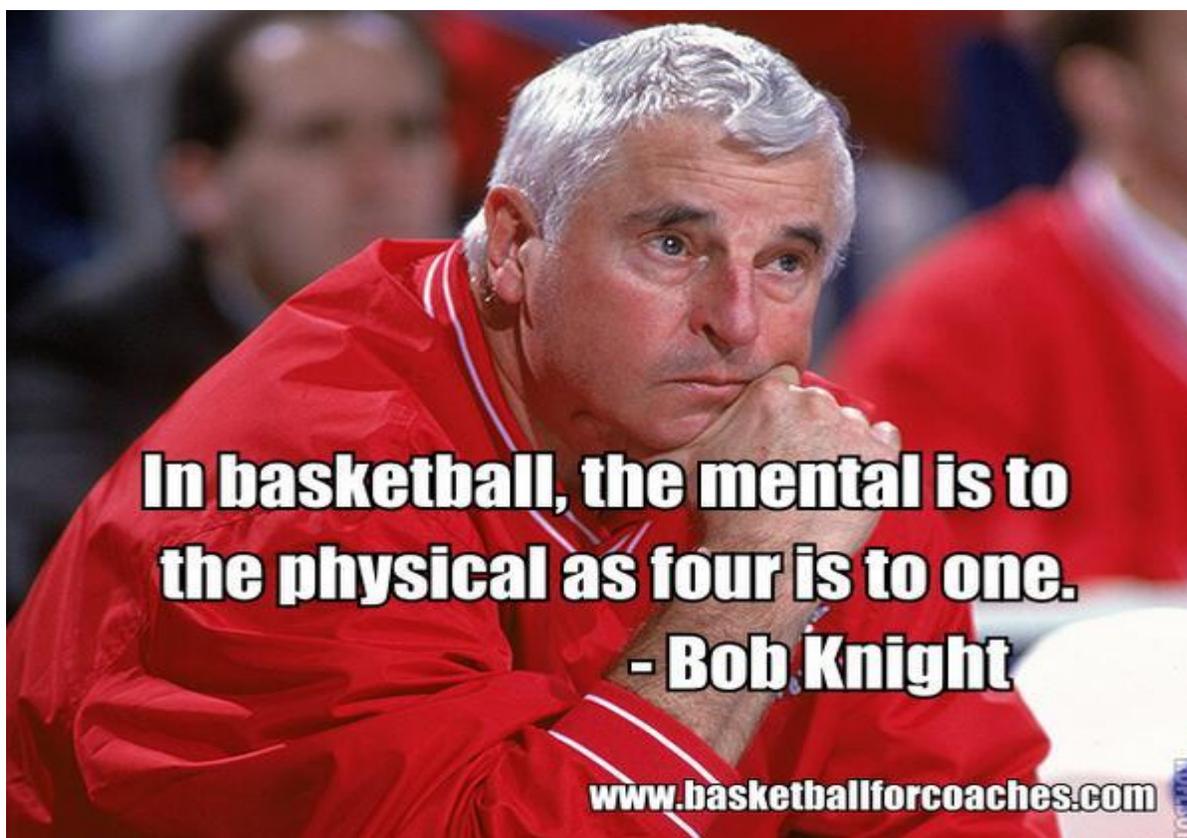
ZEBRAS WEEK 4: **JULIAN SCOTT, TRACY MITCHELL, RICH NAPOLITANO, MOONA MULINS, BRIAN SCHAUFENBILL, PHIL NANGLE, JAMES SLATTERY, TED SLATTERY, CHRIS DION**. Guys did great Julien and Tracy took the brunt from their hometown team but the calls were right

NUTS AND BOLTS:

- PLEASE do not park where our busses go. There is street parking and parking up at the playground
- Please remember there is no access to the YC till 4:45 and no access to the McDome till 7:00
- GAMES ARE ON AS SCHEDULED **MONDAY COLUMBUS DAY**. ENJOY THE DAY AND GET TO THE BARN & MCDOME AFTER
- NO TRESSPASSERS IN COACHES ROW AND NO POACHERS BY THE EXIT DOORS
- TEAMS USING THE GAME ROOM TO MEET, **DON'T LEAVE TRASH AND DON'T SIT ON THE GAME TABLES**
- STATS WERE ALL HANDED OUT! HEAD COACHES WILL GET THEM EVERY WEEK THEY COME
- 2ND INSTALLMENT OF LEADING SCORERS HAS BEEN TWEETED @FENNISDEMO87
- STANDINGS AND RESULTS ALWAYS POSTED ON WEBSITE WEDS NIGHTS AND WEEKLY RECAP POSTED THURSDAY NIGHT

WEEKLY PET PEEVES FOR WEEK #4

MONDAY	TUESDAY
Unwillingness to get on the floor for loose balls – no excuses boys!!!!	Over dribbling 1 on1 – sorry boys not relatable to todays’ game or next level
Inability to finish around the hoop – work on mikan, finishing drills etc etc etc	Letting teams get back in the game – slam the door when the door can be slammed
Circus shots that don’t have a prayer of going in even in video games – take that shot again and take a seat	Players whining about reffing – what compounds the problem is the kids opinion is wrong this week & almost every week
Shot selection, I repeat shot selection.	3 point % - fellas need to get in the gym & work on shooting
Hero ball and unwillingness to make the extra pass – good to great boys, we are not solving world hunger here	Absolute crashing in lanes with head down-stop listening to the comment get to the rack - learn to make a pull-up jumper and floater



POWER RANKINGS AFTER WEEK 4 – EVERY WEEK EVERY GAME EVERY POSSESSION

THIS WEEK	LAST WEEK
1. LAWRENCE 4-0 (EDGES CC BY .00987)	CENTRAL CATHOLIC
2. CENTRAL CATHOLIC 4-0	LAWRENCE
3. TEWKSBURY 4-0	TEWKSBURY
4. LOWELL 2-2 (SHOULD THEY BE 4-0?)	LOWELL
5. ST JOHNS PREP 2-2	WESTFORD

OUTSIDE LOOKING IN WESTFORD 3-1, NEW MISSION 2-2, BILLERICA 3-1, ST PETER MARIAN 3-1

FAHION OF THE WEEK: A lot of fashion this week. Folks are starting to get the message. Mr. & Mrs. Parsons with the **casual early dinner at Rolfs attire**, new Endicott assistant Lance Greene with the Polo and white kahaki look **reminiscent of the polo grounds**, we had the heavy metal t-shirts going on a few people, foot wear was on point with a lot of people, Cain and Bartley had the **Andy Reid Kansas City Chiefs look**, Bill Brinklow dressed like the **not so dead Al Davis** but we have never had a clear cut winner like we had this week. People who stood next to him at any time looked like they needed emergency fashion upgrade certificates. **KEVIN PETTWAY** rocked an outfit that I have not seen since the 2008 VMA awards that I was present at. The man had a flannel shirt, but not a country flannel, this was some Italian made flannel, he wore what appeared to be a tweed suit jacket with the bottom buttoned, he had a dark grey pair of pants that were not bought at Bob’s and finished it off with argyle socks and custom shoes from Spain. Sorry everyone the man wins the pizza hands down

FACES IN THE CROWD WEEK #4





Clockwise: Former super group bassist John Brunette, Westford's Chris Bramanti, Salem State Chris Harvey, Former NA Coach Mike McVeigh and country rapper Josh "Sniffles P" Peters

Former North Andover Head Coach Mike McVeigh, The Lowell Coaching staff which was a scene out of the Full House show, Dad, Mom, two kids two uncles and the family bouncer. Paul Tanglis and Paul Tanglis Sr. holding the baby bag, Johnny Bag of Donuts McElroy, James Testa Remodeling, Sean Derrah and Bride, Phil Connors & dad, Mrs. Tenaglia, Tewksbury Board of Selectman, Richie Bryan, Lowell assistant who could play Jesus Christ in local theater group, Bill Burt, Joe Bohenko, Tom Gibbons, Marcus Watson, Mike Grillakis working the crowd, Rick Nault, Fashion award winner Kevin Pettway, Big Jim Zenevitch, Lance Petka, Atty. Hajjar, Manny Sanchez sr. Mr. Keegan, Mrs. Danforth, SJP coaching staff, Laura Coffey, The Hartmanns, Chris Bramanti, John Warden, Nick "Napps" Napolitano, The Gliddens of Westford, Charlie Micol, Old friend Paul Coverney, Nate Stanton with his new middle school coach, Alex Larosa, THE Mike Dunham, Mrs. Britting, Rob McLaughlin, Dean Colletti, no more skinny jeans Mike Kimball, Tom Labrie, Marc Bradanese, Mrs. Baltayan, Robyn Columbsian, The Fowlers, Mr. Rogers, Don" IT " Romano, Cory McCarthy, Dave Clay, The Parsons, Mrs. Henry, injured Jack McCarthy, Bill Diodoti (old time lancer fan,) Mr. Cronin with the cooler, and of course everyone in coaches row



Coaches already in the gym at 5:15

COLLEGES THIS WEEK : GREAT PRESENCE THIS WEEK: NORWICH, UNE, SALEM, ANNA MARIA, REGIS, FRANKLIN PIERCE, MERRIMACK, ROGER WILLIAMS, ST JOSEPHS, KEENE STATE, CURRY COLLEGE, WENTWORTH, UMD, FITCHBURG. SWARTHMORE, TUFTS, MIDDLEBURY, SUFFOLK, EMMANUEL, PINE MANOR, BRIDGEWATER, WPI, EASTERN CONNECTICUT, ENDICOTT, Swarthmore drove up from Penn, for their first visit. Also first time visitors from Eastern Conn and Curry. The longest distance this week: Swarthmore, E Conn, Middlebury, St Joes, UNE and Norwich. Thank you for your continued support of our league and our players. **WE HAVE NOW SEEN 39 DIFFERENT COLLEGES IN 4 WEEKS and STILL MORE TO COME**

PROPER SITTING ETIQUETTE. Every two years we address the sometimes uncomfortable subject of “**sitting etiquette**”. When you sit across from parents and coaches for 720 minutes per week you are privied to and sometimes horrified with the sitting etiquette. A number of mom’s have the woman business cross of the legs down to a science.....very impressive. Endicott assistant Luke Richards and Plymouth Head Coach Andrew Novrick also do but c’mom Lukey and Andrew where is the proper male cross? A few years back we had an interesting cat who thrived in the spread eagle in shorts, which was not a good look. Any male doing that in shorts will be fined \$50 and money collected will got to our annual Christmas drive. We have seen the Indian style cross by a few and perfected by one loyal fan. Then there is the slouch especially when your team is down 20. The straight leg ankle cross is preferred by the over 6’3” people then there is the tight cross due to very tight seating during the marquis matchups. Then there is the cross with lean when the one guy fell asleep three years ago. The unsuspecting person next to them was not happy. Mcveigh has perfected the hybrid sit where he alternates between the ankle cross and hunched over rocking baby syndrome. There are some sits that are not confirmed because people are constantly adjusting. So we would like you all when choosing your seats to also be mindful of proper sitting etiquette



Who brought it in week #4 – Bring it every week

Central got some big contributions this week from a number of guys. **KEVIN FERNANDEZ** has settled into being the lead dog in scoring right now. Kevin playing with more confidence and determination the last two weeks. Kevin was 6 for 6 this week from the field. **IAN CARMICHAEL** starting to consistently show he is one of the most improved players in the league. Tonight his line was 11 points 9 rebounds 3 blocks while shooting 58% from the floor. Ian can be the backbone of this defense. It is no wonder his college recruitment has been on the rise for the past few months. **STEVEN HAJJAR** gets things done. He is very active and today had 6 points and 7 tough rebounds. **TANAHJ PETTWAY** stats have not been on fire the last two weeks but I love how he is fitting in. At the end of the day this guy will get you a bucket when you need it. **SAM LARA** was impressive before leaving with an injury with 4 points and 6 rebounds. **ZAHN FRATER** is starting to show he can be in this rotation come the winter scoring 5 points and playing with more confidence than the first few weeks. Wachusett never stopped battling but tonight CC was just the better team **TYLER DION** didn't shoot it as well this week but once again led the scoring with 21 points and was 7-7 from the free throw line. **EVAN CUDMORE** had some moments and contributed 10 points. **JOEY NUTTAL** chipped in with 7 points and I like what **NICK SCHMARE** can give this team. Mountaineers get so much from Tyler Dion but I need others to be more consistent in the supporting role

Billerica as usual received a great game from **JOSH BRADANESE**. This week he scored 29 points (67% from 2 and 43% from 3) and had 12 caroms. **ALEX FRAWLEY** scored 11 and had 2 assists but his biggest thing might have been his effort on the defensive end covering Keith Brown. Been telling you about the younger **Bradaneese, TYLER** who tonight chipped in with 8 points. The junior is a work in progress with a great upside. **KEITH BROWN** looked a little tired in the second half as he continues to be Mr. Everything for the Pythons but despite an off night shooting his stat line was still very impressive 20 points, 5 assists, 6 rebounds and only 1 turnover. **KYLE FRANK** continues to impress at the guard position with 8 points tonight. **RYAN NYSTROM** continues to impress me with being able to do a few things nicely 4 points, 3 assists and 6 rebounds this week.

Andover continues to be my enigma team. This week they did enough to secure their 2nd win and get back to .500 **RYAN O'CONNEL** needs to be appreciated more. This week he was the leader with 14 points 10 rebounds while shooting 80% from 2 and 100% from 3. **DEVON BEASLEY** is coming along nicely. I would like to see him with a bit more toughness but he did score 10 points with 4 assists and 4 rebounds. Nice to see old friend **BIG JAMES NYAMWAYA** back in the fold. Big James with 9 points and 7 boards. **JON RODRIGUES** still teasing me with 9 points, I need more from him because he is capable of giving more. **TIMMY KALANTZAKOS** contributed 7 points. Salem's **GRIFFEN CURTIS** scored 16 points with 6 rebounds this week and continues to show that he is on the verge of being very, very big. **DJ COLETTI** had 8 points and is

still a guy that can get you a bucket from outside. **MATT MCLAUGHLIN** is a fav of mine because he works hard to be the best he can be. He is truly working hard at learning the point guard position. Today Matt had 7 points 5 assists and 2 rebounds. First look at senior **JARED GOTT** this fall and he can help this team if he can get here. Tonight didn't shoot it well but did add 13 points.

Our team of the week was Methuen and they had contributions from everyone. **KEEGAN LANNON** just another example of a kid that listened to the right people and got a ton better in the off season. Keegs had 17 points, hit 5 threes and dished out 4 dimes and clearly the absolute heart and soul of this squad. It is safe to say the Methuen backcourt is better than last year. **DANTE RIVERA** running the point and had 8 points, 4 rebounds, 4 assists and only 1 turnover. The Rangers lost TGB and Jamal Rene from the frontcourt but **EVAN HARDY** (8 points), **ANGEL MARCELINO** (7 points 8 rebounds) **TJ SCOTT** (7 points and 6 rebounds) are coming along nicely. Rangers got a nice effort from **DAVID DIZZAZO** who if he improves on shot selection can be very much a contributor at multiple positions. Tonight he had 15 points in his best game. Peabody is struggling. **BEN SHMASE** had 6 Points and 4 rebounds. He needs to get the ball more and demand the ball more. **JUNIOR ESTRELLA** had 14 and 9 again but needs to play more team basketball. He won't win a game by himself but if he buys into team basketball his motor will be a big upside. This team just really needs to be coached. The Tanners can score more than 24 points in a game. I am confident we are going to see a new team this week.

Lawrence is playing so well right now. Three guys in double digits everyone contributing in some way. **JUAN FELIX RODRIGUES** is not well known but his first four games have been impressive. He had 18 points and three boards tonight. I love **BENIAMMI RODRIGUES** like Justin Derrah he gets things done consistently scoring and boarding. Tonight 16 points 6 rebounds. **MARCOS GERMOSEN** the energizer bunny will play college basketball because of his motor. Tonight he had 12 and 6 and shot 62%. Two new guys stepped up **ANGEL VASQUES** with 8 points on 4-4 shooting and **CHEILIN CASTILLO** with 5 points. Haverhill didn't have the tenacity they have shown in previous weeks and let this one get away early. The Hillies need to stay together. **JOEY FENDERSON** had 11 points and 3 threes. **MIKE BATTAINI** was steady with 6 points. **AVERY CERON** continues to intrigue me with 5 points and 4 boards. **DEAJON PENDLETON** showed he could be a good one down the road. Folks have not seen the best of **NAVIN CRUZ** because he is in football mode but don't sleep on this kid.

I know folks may be getting sick of my feelings about SPM but I love young teams that fear no one, play together and always play "we over me". **JUAN ZORILLA** again the leading scorer with 17 points and 3 boards. **TJ DARTEN** with 15 and 6 tonight shooting 60% from 2 and 43% from 3. **BOBBY LETERNEAU** is a coaches' dream 10 points 2 assists, 10 hockey assists and is a pure point guard. **SHAMAR DENNIS** with 7 points, **SHAMAR SIMMS** with 6 and **DELLING BOETANG** with 5, 2 and 3 to help the cause. Triton's **WILL PARSONS** was terrific again tonight with 26 points and 4 rebounds. His only blemish was an uncharacteristic 7 turnovers. **ADAM BALESTRA** is catching

my eye more and more with 4 points, 4 assists and 8 rebounds. The rest of the Vikings scored a combined 9 points and that cannot happen.

New Mission is locked in and evened the record at 2-2. **ISAIAH LAURENT** with another strong effort with 16 points 8 rebounds on 58% shooting. **TY LEE** with the customary line 6 points, 6 assists, 4 rebounds 4 steals. He just needs to improve that free throw shooting. **CHARLIE MITCHEL** with a bounce back game with 15 points and 4 boards and shooting 75% from 2. **DARREN TSADAROU LIN** with 9 points and 4 boards to help the cause. **ALONZO COOPER** has found his scoring the last two weeks hitting for 12 this week. **CHARLES MITCHELL** 8 Points **ALEX DELAROSA** 9 also in the fold. North Andover was frazzled with the press early, figured it out mid- way thru then forgot how to break it late. Freshman **DARREN WATSON** was a frosh of the week with 10 points and two 3's. Sophomore big **BEN OCONNEL** was very good with 7 points and 7 rebounds and showing some moxie. **WADE WHIPPLE** was productive with 7 points. **ALEX ROMANO** is struggling offensively but he is more than solid defensively as college coaches talked about his communication, ability to double ball screens and box out. **MATT ROSENTHAL** was the Knights most productive player with 11 points and some really good defense.

Chelmsford is playing hard and that is the simple fact. **ANDREW LINEHAN** with a very good game 14 points, 7 rebounds 2 assists and some aggressive play on both sides of the ball. **AUSTIN CHADWICK** scoring was down but his toughness is so huge. **KEVIN SWEENEY** had 9 points. **LONDON CASS** just works, 2 points 3 assists and 7 rebounds. **JAKE COLEMAN** is to Londonderry what Keith Brown is to Pelham. **JAKE** with 20 points but needs to cut down on the turnovers. **COLE BRITTING** was very good, was more aggressive at the point and scored 9 had 2 assists and 2 rebounds. **DAKOTA BERTRAND** had his best game with a double/ double 10 points 13 rebounds. If Dakota does this every week he will start for the Lancers. Keep an eye on freshman **ETHAN MAY** because he may beat out older players for minutes.

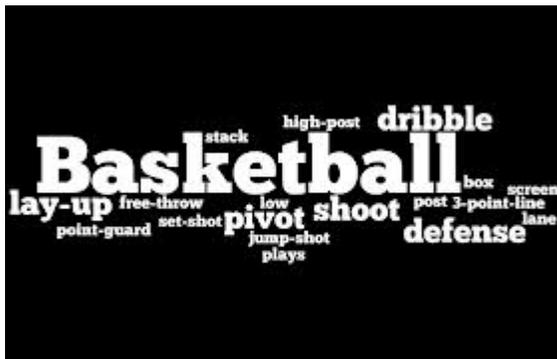
I think my pre-season favorite Eagles of SJP are back or at least they are playing better. **ALEC BURESH** with his best game since week 1 with 14 points and 4 threes. He shot 67% from deep. **SPENCER DANFORTH** with a solid line of 12 points 3 assists and 5 boards. Spencer is starting to get some D3 interest. **HARRY O'NEIL** as stated earlier was our player of the week. Remember Eagles the offense goes thru Mr. O'Neil. **TOMMY O'NEIL** had 6 points 3 assists and 6 rebounds. Eagles we need to work on those 19 turnovers! Westford will bounce back because there is no quit in the grey ghosts and because they are flat out good. **PAT COFFEY** didn't shoot it as well as past games but did score 16. **BOBBY HARTMANN** continues to turn college coaches heads. Lightly recruited in the past has become intriguing to ten schools right now. Big **MIKE BALTAYAN** is coming along. He has shown so much growth in last 12 months. Tonight Mike had 11 points and 6 boards

Tewksbury is 4-0 because they know how to win games. **NATE TENAGLIA** was solid tonight with 18 points 7 assists and 7 rebounds. Nate is a better 3 point shooter than he is showing this fall so don't sleep on that but must improve upon the 7 turnovers tonight. **JUSTIN DERRAH** with 16 points 2 assists 5 rebounds. His Toughness is legit and he is really shooting the heck out of it

this fall. **GIOVANNI CHAMPA** with a nice bounce back game with 8 points and 9 rebounds. **DEVAN BERE** chipped in with 5 points and **RYAN BRIGGS** has cemented his role as the teams' third leading scorer with 10 points tonight. For Lowell **ALEX RIVERA** was very good with 21 points and 4 caroms. He shot the ball very well this week. **SIDI DIALLO** was the most productive player on the floor in the first half with 12 points on 6-7 shooting. Young coach Meade you need to feed the beast. The complexion of the game changed when he was taken out of the game for an extended period of time. **SEAN BRYAN** is a warrior with 12 points and 12 rebounds. Clearly one of the toughest players in the league. Sean is in cross country mode but needs to move the ball a bit more because the team is explosive then they move the ball.

In closing the Who Brought It this week, it is clear who is consistently bringing it each week. Things for player to think about as you prepare for week 5

1. Move the ball, basketball is not a 1 on 1 game, an efficient breakdown move is translatable an over dribbling move going nowhere is never productive
2. Stay mentally and physically tough.
3. Stay Hungry, it is so clear which players are the hungriest and which ones are getting it
4. Seniors don't press the issues, show the coaches what you can do; not what you cant



THE WEEKLY RANT: FOOD FOR THOUGHT OR FOOD FOR THE DUMPSTER YOU DECIDE.

This weeks' rant is geared towards the players in the league and their families. We have 20 high school teams in the league and I know most all of the Head Coaches personally from previous years in the league and collaboration efforts with them over the years. I am just getting to know Tom Gibbons and Marcus Watson this year but I can tell right away they are like all of our other head coaches, great coaches and even better people. I hope all of our families appreciate the time and effort that all of these head coaches put into their programs. With that said I want to talk about the volunteers who walk the sidelines for these coaches in the fall. Some have been coaching a long time, some are new to the business trying to pay their dues. Some are great teachers of the game and others are great motivators. As someone who runs the league I am excited about former players that have come back to coach in this league because I know how much this league meant to them as players so I know the passion they will bring as coaches.

It is not the easiest job coaching a fall league team because the team plays once a week, there are no practices granted, instruction is usually on the fly and some teams have great numbers. Playing time for most teams is tough with the numbers and the fact that most head coaches want to see different players at different times it can sometimes be tough to juggle everything. The hairy eyeballs come out from some parents, the faces from players tell a whole different story, not to mention that we live in a day and age of instant gratification where everyone thinks they should be playing more. There are also the players that have been told they are better than they are and they just aren't. There maybe a few parents with rose colored glasses and in a lot of cases there are just some parents and players that don't get it. The best thing for everyone is to take a deep breath. As we say each week **don't get too high, don't get too low, its fall ball**. There is still a lot of time between now and tryouts and these coaches are doing a fine job so you need to sit back, enjoy and appreciate those that give their time and expertise.

So who are these volunteer coaches? The Dean of our volunteer coaches is Westford's **John Pagnetti** who with all due respect to everyone else is probably the best coach in the league. Pags was a great player at U Lowell but his best attribute is he teaches every week, he coaches every week and yes he puts a boot up kids butt when warranted. Down 20 yesterday he was coaching like it was a one point game. We are also lucky to have former Varsity Head Coaches in this league. **David White** the former Medford coach is coaching Methuen and former SJP coach **Dan Letarte** is coaching the Triton entry. Listen up Vikings and Rangers, these guys know how to coach and you are lucky to have them on the sideline. Listen and learn they have been through wars and they know what to do. **Big Jim Zenevitch** is in his 5th year manning the sidelines for Central Catholic. Jim is the father of two College scholarship basketball players who is giving back to the high school that gave so much to his daughter and son. It also isn't too shabby having a guy that size walking the sidelines. Another former varsity head coach in New Hampshire **Mike Dunham** of Campbell High gives his time to the Londonderry program. Mike knows the game, knows how to reach kids and not too bad of a dresser either. **Justin Barrasso** is an expert on pro wrestling but every fall he comes down and coaches the Peabody entry. Justin has not had many wins down here but I am not sure there is a man with more integrity than Justin, the man is flat out a good guy that wants to help kids get better. Eagle Tribune Sports Editor **Bill Burt** whose son played in this league for three years is coaching the St. Johns Prep team, (although he ducked out of the head to head meeting with Fennis Dembo last week). Bill is doing it for the right reasons, he doesn't have a horse in the race, just loves SJP basketball. Billerica's **Roy Nickerson** has been coaching high school, travel, girls and boys for the last 15 years or so. The man is passionate about hoops and passionate about Billerica. I personally love how Roy holds kids accountable. I am only getting to know **Marcus Gregory** of SPM but I tell you I love his passion for his kids, he teaches and I see them listening. **Chris Dion** of Wachusett I am only getting to know also but he knows the game and can coach. I also understand from all my CMass friends that he is a good ref also. Tewksbury has always had Todd the Bod Dirocco manning the sidelines but this year they have **Bill Brinklow** who I know from coaching in my Storm program. Bill is locked in, knows his stuff and is extremely fair. **Steve**

Grace from New Mission is in his second year with the Titans in fall ball and he really has a good handle on his kids. He is passionate and animated about this league and he knows what his kids need. Haverhill is new to the league this year and **Kevin Fenderson** is manning the sidelines. You can tell he has a good handle on the kids and trying to implement a lot of Coach Trovatos' wishes. **Jose Dilone** is manning the sidelines for Lawrence this year and he is working really hard. I kid with him as he is our only Spanish speaking coach in the league. The players have responded well and he has them at the top of our power rankings this week. This leads us to the YOUNGINS: **Kevin Meade** (Lowell). **Connor Arnold** (Andover) **Tristan Shannon** (Andover), **Mike Kimball** (Salem), **Alex Larosa** (Londonderry) **Joey Morin** (Pelham), all of these guys played in this league and now they are back giving their time as they try to get into the coaching business. Andover and Salem you should listen to Tristan and Mike because they actually won championships in this league, the only ones your schools have won. Each one of the youngins is passionate and they know what it takes to be a varsity basketball player. They also are young enough that they understand kids' feelings and passion because it wasn't that long ago they sat in the same spot

So my hope is that everyone appreciates the effort being put in by these volunteer coaches. Embrace and trust the process, compete, don't sweat the small stuff, buy into what your team is doing. Remember Fall Ball is a chance for everyone who may be around this winter to be able to show what they can do regardless of the minutes they receive, the roles they have or the

pecking order they are in right now **SO PLEASE** don't get
too high, don't get too low its fall ball



